



Moving Forward This Fall

Summer is certainly flying by!

We continue to move forward with plans to develop part of the former country club property. At last month's Board of Selectmen meeting I announced that developer Brian St. Pierre is in the process of securing new financial backing for his plan to build approximately 120 units of over 55 housing on about 60 acres. As I explained at the meeting, I am awaiting details and expect to bring new information to the Selectmen as soon as possible for a review and determination of how best to proceed for the Town of Woodbridge. A vote for approval will be necessary. Again, I will share more information with the Selectmen, and with the public, as it is received.



Once backing has been secured and the plan has been voted on by the Board of Selectmen, we can set a date for a Special Town Meeting. At that meeting I anticipate that we will set a date for a referendum to allow the public to vote on the sale of the property to Mr. St. Pierre. Town property cannot be sold without a vote by residents. I have consistently said that this matter is for the voters to decide.

In addition I've asked a small staff committee to consider ideas for the remaining 95 or so acres of the former country club property. This group has met several times to brain-

storm and discuss potential options for the use of this land as a public park. The draft plan includes walking trails, a small parking lot near the corner of Johnson and Ansonia Roads, continued use of the sledding hill, and a pavilion or picnic area. Additional ideas include park benches, a potential Frisbee golf area, a splash pad for children and a solar array. The group's charge was to design a park that would be used widely, respect the land and be cost effective to create and maintain.

A map of this draft plan can be seen on the Town's website. I look forward to further discussion of these options at a future meeting. Please stay tuned for more information!

As we say goodbye to summer I would like to thank the Recreation Department and Commission for, as always, putting on a fun selection of concerts in July and to the Library for hosting outdoor movies in August, and the Ad Hoc Community Council, who organized a first-ever Town Picnic at which some residents shared wonderful ideas for future community events. My goal is to make Woodbridge a great place to live, work and play.

As always, I welcome your involvement — please let me know if you have ideas you would like to share.

— *First Selectman Beth Heller*

Mark Your Calendar

- **9/14: Household Hazardous Waste, 9 am - noon, Transfer Station, 85 Acorn Hill Rd., Ext. Visit the Transfer Station page on the Town website (WoodbridgeCT.org/163/Transfer-Station) for a list of hazardous waste items and the Household Hazardous Waste User Form to accompany the waste being disposed. Direct questions to 203-389-3420.**
- **9/16: Begin to schedule residential bulk pick-up appointments for Tuesdays in Oct. and Nov. (203-389-3420).**

Visit the Town website for a full line up of upcoming fall events: WoodbridgeCT.org

Important Reminders from the Human Services Director

Connecticut Energy Assistance Program

Human Services Director Mary Ellen LaRocca reminds Woodbridge residents that the Human Services Department will begin accepting appointments starting September 16 to apply for the 2019-2020 Connecticut Energy Assistance Program administered by TEAM, Inc. To apply, income eligibility requirements must be met.

For more information regarding the Energy Assistance Program or to schedule an appointment, please contact Director Mary Ellen LaRocca or Senior Services Social Worker Judi Young at 203-389-3429.

Specific Food Pantry Items Welcome!

A warm thank you is extended to Woodbridge residents for their ongoing generosity with food donations. The food pantry is in short supply of specific items and would appreciate the following **canned food donations**: potatoes, chicken, turkey, salmon, beef, stew, chili, fruit, coffee (regular), evaporated and shelf stable milk. Other **boxed or plastic jarred items** in short supply include: cereal, brown rice, juices, salad dressing, spaghetti sauce, apple sauce, condiments, crackers, cookies, laundry detergent, cleaning products, toilet paper.

Items in glass jars cannot be accepted and please check food expiration dates. Gift cards and monetary donations are welcome. Please call 203-389-3429 with questions.



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Hurricane Preparedness Tips

Police Chief Frank Cappiello reminds residents that the Atlantic hurricane season lasts from June to November, with the peak season from mid-August through late October. Planning ahead can reduce the chances of injury or major property damage.



Hurricanes can cause catastrophic damage to shorelines, as well as several hundred miles inland. High winds, torrential rains, flash flooding and flooding of rivers and streams can persist for several days after the storm.

A Hurricane Watch indicates storm conditions are possible within 36 hours. A Hurricane Warning means a storm may be expected within 24 hours.

In the event of a hurricane, make preparations to secure outdoor property, clear clogged rain gutters and downspouts. Cell phones and personal computer devices should be charged before the storm arrives. Also, ensure there is a supply of food, flashlight batteries and water for drinking and sanitary purposes.

During a hurricane, make all

efforts to remain indoors away from glass doors and windows. Listen to the radio or television for storm related updates. Drive only when absolutely necessary, avoid flooded areas, and keep away from loose or dangling power lines. Do not hesitate to contact authorities to report any police, fire, or medical emergency related incidents.

The United Illuminating Co. will broadcast storm alerts to its customers via prerecorded phone calls, emails and text messages. Residents can register online at uinet.com to receive alerts, report power outages and to receive up to the minute status reports.

Reminders from the Assessor

Notice of September Meeting for Motor Vehicle Appeals

The Board of Assessment Appeals will meet at Woodbridge Town Hall in open session on Wed., Sept. 11, 6-9 pm, to hear appeals relating to assessments for motor vehicles on the Oct. 1, 2018 Grand List. Motor vehicle owners may appeal vehicle assessments made by the Assessor in person or by a duly authorized representative who must bring evidence of authorization and their own personal identification. Please bring the vehicle, if drivable.

An application must be filled out prior to your appeal and returned to the Assessor's Office no later than Fri., Sept. 6.

Call the Assessor's Office at 203-389-3416 to schedule an appointment.

Notice to File Exemptions

Woodbridge residents are reminded to file exemptions by the dates noted below.

- Veterans must file honorable discharge papers (DD-214) by Sept. 30, 2019 with the Town Clerk's office.
- Veterans with a disability rating from the VA must file paperwork with the Assessor's Office by Sept. 30, 2019.
- Certificates of Legal Blindness and Social Security Disability Certificates must be filed by Sept. 30, 2019 with the Assessor's Office.
- Farms, Forest and Open Space applications are available in the Assessor's Office and must be filed between Sept. 1 through Oct. 30, 2019.

Please direct questions to the Assessor's Office, 203-389-3416.

Library hours are Mon. through Thu., 10 am - 8 pm and Fri. & Sat., 10 am - 5 pm.
Visit the library website 24/7 to access digital resources - woodbridgetownlibrary.org

Saturday hours will return Saturday, September 7 at 10 am.

Members of The Kerry Boys to Return with The Pierce Campbell Trio

The Pierce Campbell Trio will take the stage on Monday, Sept. 16 at 7 pm in the meeting room. Performing jazz classics from artists like Duke Ellington, Frank Sinatra and Tony Bennett, along with more modern tunes from Stevie Wonder, Nora Jones, Bill Withers and even some originals, they have an energy and sound that engages all audiences.

With excellent vocals and strong improvisation, attendees will get the best jazz has to offer with this dynamic trio. Pierce (guitar/vocals) was appointed the Connecticut State Troubadour for 2007-2008 and is well known



throughout the area for his versatility as an artist, playing a variety of music. He performs solo singing and playing original and Celtic folk, American pop and jazz classics.

Pierce and Tony Pasqualoni (acoustic bass) perform with several other bands including The Funky Butt Jazz Band and the popular Irish group, The Kerry Boys. They travel the state performing almost everywhere, from casual outdoor restaurants to exclusive country clubs.

Register online, by phone (203-389-3434) or in person at the Library.

Final Pastel Workshop Approaches

Art instructor Gregory Maichack will return for the third and final installment in this summer's pastel workshop series on Tuesday, Sept. 10 at 6:30 pm.

This workshop, featuring "Stunning Still Lifes Like the Masters," includes instruction, demonstration, and hands-on work for both sheer beginners and those more advanced.

Complete a work of art in an evening and get to take it home afterwards!

Snacks and refreshments will be served, including wine for those over 21 years old.

Please register in person at the Infor-

mation Desk. A waiting list exists for those who have attended the first two pastel workshops, in order to give

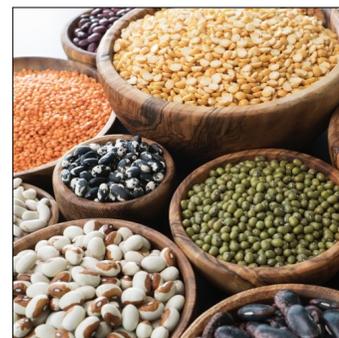
everyone a chance to attend at least one session. Registration is required, with a \$10 supplies fee per person due upon registration. Participants must be at least 14 years old.

Due to growing popularity, plans are being made to have Greg return in a few months. If interested in future pastel workshops, contact Elena Fernandez,

Adult Services Librarian:
efernandez@woodbridgetownlibrary.org or 203-389-3466.



Beautiful Beans with Robin Glowa



Join Robin Glowa, The Conscious Cook on Tuesday, Sept. 24 at 7 pm, as she shares healthful tips and tasty, simple ways to incorporate more beautiful beans into your menus. Economical, versatile, packed with nutrients, beans will add beautiful benefits to your diet. Samples and recipes provided.

Registration is required; this is a very popular program and space is limited. Please register online or at the Library.

Exciting Changes to DVD and Blu-ray Collections

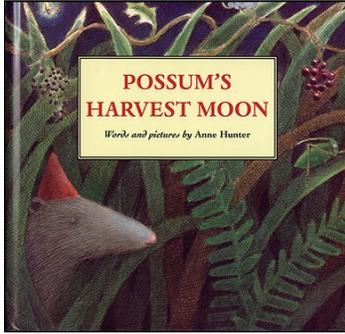


Starting Sept. 1, new DVDs will circulate for one week, instead of the previous three-day loan period. This increase means that almost all video discs will now circulate for the same amount of time. The change was brought about to better standardize circulation times on Woodbridge materials and to be more in line with neighboring towns and other libraries in the LION consortium. The increased number of days gives patrons more time to enjoy borrowed items and less op-

portunities for overdue fines.

Also coming Sept. 1, a new bestseller collection of DVDs and Blu-rays will be unveiled. These will all circulate for three days, and like the bestseller 14 day book collection, they cannot be placed on hold nor renewed. Bestseller copies will be chosen by patron demand and popularity, with the goal of helping patrons get the newest movies even faster.

Eager Readers K-2 Book Group



Monday, September 23 at 6:30 pm

Possum's Harvest Moon by Anne Hunter will be the featured book for this special monthly event with discussion to begin **promptly** at 6:30 pm.

Possum is planning a harvest soiree. What is a soiree? Will Possum's forest friends show up for his party? Find out in this sweet animal tale.

Grades K-2 students

may be registered online or at the Children's Desk for this event. A book will be reserved for each registered child, and will be due the night of the program. Kids **must read** the book, with or without an adult, at least once before attending. There will be a lively discussion followed by an adorable craft!

Saturday Storycraft is Back!



Start your weekend at the library! Children ages 3 to 5 and their adults are invited to Saturday Storycraft. A special time for stories and crafts solely for this age group. No registration required—just drop in!

Story craft will be held every Saturday, starting Sept. 7, 11-11:30 am. For more information, please contact the Children's Desk at 203-389-3439.

Art Workshop for Kids

Saturday, September 14 at 3 pm



Artists in grades K-4 are invited to a Cardboard Collage Creations workshop. Choose from a variety of cardboard shapes, and get crafty with fabric, paper, pom-poms, scissors, glue and more! The sky's the limit in this fun and creative workshop! Online registration is required.



Young Children's Events

Registration is not required.

Baby Rhyme Time (0-18 months)
Every Wednesday, 10:30-11 am
Songs and rhymes, fun for little ones.

Rhythm and Rhyme (18-36 months)
Every Thursday, 10:30-11 am
Talking, singing and reading build vocabulary and a love of books!

Preschool Storycraft (3-5 years)
Every Saturday, 11-11:30 am
A literature based program and art project, especially for this age group.

Thursday Night Films

7 pm in meeting room; no registration required

September 5: *Rocketman*
Biography, Drama; 121 minutes; R

September 12: *Poms*
Comedy; 90 minutes; PG-13

September 19: *The Public*
Drama; 122 minutes; PG-13

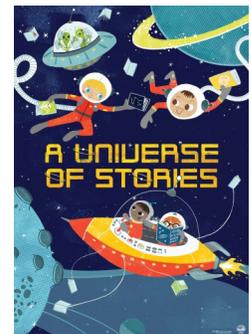
September 26: *Tolkien*
Drama; 111 minutes; PG-13

Parents! Running to practices, games, and rehearsals? Don't forget about our digital products. Read, listen, or watch while you're on the go (not behind the wheel, of course!). Apps are available for Libby/OverDrive, hoopla, and Kanopy. See the Reference Desk or the website for more information.

Mission Accomplished:

Thanks for Participating in Summer Reading

Summer is over, and we've re-entered the orbit of back to school and other fall plans. This year's summer reading was a lot of fun and we had great participation from the entire community. Thank you for coming to our programs, participating in our games, attending our film screenings, and most importantly, reading or listening to loads of books! We hope you'll keep exploring the universe of stories; there is an infinite number of new tales out there. (Adults, don't worry, the winter reading game will be here soon enough!)



Enjoy the fall season!
- Adult Services:
Jen, Elena, Laura & Matt
- Children's Department:
Mrs. Rabin, Ms. Beth &
Ms. Emily

Living Treasure Award Winners

Woodbridge Human Services announces the winners of the 2nd annual Living Treasure Awards: Charlie Whiting, Virginia Calistro, Ellie Sheehy and Margaret Hamilton. Each of these four individuals has contributed years of volunteer service to the Town of Woodbridge and will be honored at the Living Treasure Award Dinner to be held October 2 at The Center Building gymnasium, 4 Meetinghouse Lane. Proceeds from the dinner benefit The Woodbridge Center.

The Human Services team is grateful for all nominations and congratulate the winners! Members of the community are invited to purchase tickets to the dinner by Sept. 20 at the Woodbridge Human Services Dept. For information on congratulatory messages, ads, sponsorships and silent auction, please visit the Human Services page on the Town website at WoodbridgeCT.org for forms; email jglicksman@WoodbridgeCT.org; or call either the Human Services Dept. at 203-389-3429 or The Woodbridge Center at 203-389-3430.

September Lunch Menu

Lunch is served Tue. and Thu. at The Center café, at 12:15 pm. Cost is \$3 for dine-in meals, \$4 for take-out. RSVP is required by noon one day prior. Meals include bread, juice, coffee/tea and dessert.

- 9/3 Lemon pepper roasted chicken with seasoned spinach and salad
- 9/5 Garlic herb meatloaf, mashed potatoes, carrots and mushroom soup
- 9/10 Town wide picnic sponsored by Coachman Square – see details under special events
- 9/12 General Tso's chicken, jasmine rice and egg drop soup
- 9/17 **National Senior Center Month Celebration:** Maryland crab cakes, brown rice, green beans, lentil soup
- 9/19 Margarita chicken pasta, Italian blend vegetables and carrot and apple soup
- 9/24 Corned beef, potato salad, cole slaw and beef vegetable soup
- 9/26 Ravioli marinara, green beans, garlic bread and salad

Special Programming

Events are held at The Woodbridge Center unless otherwise noted. To RSVP or for questions, call 203-389-3430 or email jglicksman@woodbridgect.org



Members of the Center's mahjong group enjoy the annual indoor picnic, at left. The Woodbridge PD cooked, served and co-sponsored the event.

RSVP is required one day prior unless otherwise noted.

Sept. 2: Center Closed - Labor Day

Sept. 4, 11, 18: Free Art Classes with Graham Dale, 10 am -12 pm in The Center cafe. Come try a taste of art at no charge. This class is for novice to experienced artists and will include both demonstration and hands on participation. Call for a materials list. Ten week class follows in Oct. (see details on p. 6).

Sept. 10: 3rd annual town wide BBQ hosted by Coachman Square at Woodbridge from 12-2 pm at the picnic grove next to the Woodbridge Library. Coachman Square will provide a delicious BBQ to all town employees, first responders, and residents. Entertainment with Jim Sheehan. No cost, please RSVP. Try out the new chair volleyball game for a \$5 donation to the Walk to End Alzheimer's.

Sept. 11, 18, 25: Mindfulness, Meditation and Memory with Dr. Jennifer Botwick of New Haven Naturopathic Center from 6-7 pm at the Woodbridge Library. This is an educational and fun three-part series to improve focus, sleep, memory and comfort.

Sept. 16: AARP Safe Driver Training class, 9 am -1 pm in The Center lounge, \$15-members; \$20-non-members. RSVP required.

Sept. 16: Lunch Bunch! Join in for lunch with friends at USS Chowder Pot III in Branford. Transportation is

provided by The Center (\$3) or meet there. Self-pay at the restaurant

Sept. 17: Lunch entertainment with Paula Pettinella, 12:15 pm. RSVP required.

Sept. 20: Community Wellness event 10:30 am - 1:30 pm sponsored by New England Young at Heart with vendors and a cooking demonstration in The Center café. For more information call Elaine Marcucio at 203-463-8339.

Sept. 25: Nosh & Knowledge lecture series: Scams and How to Avoid Them with Legal Investigator Christine Buck at the Woodbridge Library, 10 am (see p. 6).

Sept. 25: Fall Ball hosted by New England Young at Heart 11 am -3 pm at Aria in Prospect. Tickets are \$28. RSVP by 9/18. Transportation provided for \$3.

Sept. 29: (Sunday) New Haven-Walk to End Alzheimer's. Call for details.

Oct. 1: Medicare 101 at 7pm in the Woodbridge Library. Jessalyn Pito, an independent Insurance Broker, will explain the ABC's of Medicare; what it does and doesn't cover, and options to close the gap. RSVP to 203-389-3430.

October 2: Living Treasure Award Dinner—Save the date!

Oct. 8: Flu Clinic sponsored by the VNA, 11 am - 2 pm in The Center café. Please bring all insurance cards with you. The CDC recommends annual flu shots.

Important Information for Veterans in Woodbridge

Director of Human Services Mary Ellen LaRocca is the contact person for veterans' services for the Town of Woodbridge. Her role is to provide information, referral and advocacy for the aid and benefit of veterans, their spouses, eligible dependents and family members. For information on veterans'

services or to receive emails on programs available to veterans, please contact 203-389-3429.

Woodbridge residents who are veterans 60 years of age and older or disabled, qualify for use of The Center's Transportation Program at no charge. Contact The Center at 203-389-3430 for more information or to schedule a ride.

Nosh & Knowledge Lecture Series

The Woodbridge Center's Breakfast at 10 Lecture Series launches with a new name and new topics this fall. The first in the monthly series is *Scams and How to Avoid Them* on Sept. 25 with Christine Buck, Legal Investigator for the State's Attorney General's office. The next lecture is *Homecare 101* with Pam Holt of Lifetime Care at Home on Oct. 23, 10 am. The topic on Nov. 20 will be *Home Energy Conservation and Understanding Your Bill* presented by United Illuminating, Southern Connecticut Gas and Connecticut Natural Gas Co. at 6 pm. All lectures are held at the Library.

Ongoing Programming

Calling all bocce, gin rummy, poker, canasta and spades players—call The Center and share your interest. The Center will put a group or a game together!

New! T'ai Chi with Bill Banick for beginner and intermediate levels. Each Friday, beginning Oct. 4 for 10 weeks, 10-11 am, \$50. Must register.

Weekly Craft Group: Thursdays, 10 am - 1 pm, in The Center lounge. Calling all knitters and crocheters to join the group. No RSVP necessary.

Yoga for Healthy Aging Class meets Fridays, 11:45 am - 1 pm, in the Center Building, Rm. 16, with instructor Julie Luciani. Current session runs Sept. 6 through Nov. 22—12 weeks for \$75. Class fee will be pro-rated if joined late. Class combines seated and standing postures and is safe for all.

Mahjong: Mon. & Fri., 9:15 am, Center Building, Rm. 13 for advanced players, and 10 am, Rm.11 for beginner and intermediate players

Exercise with Laurie: Workout includes a combination of strength training, cardio, flexibility and balance. Bring weights if you have them. Class is in The Center café through September on Tue. and Thu., 10-11 am. No need to sign up—just pay a drop in fee of \$2.

Book Club: The book club meets the 4th Tuesday of each month, 11 am at the Woodbridge Town Library. The next meeting is Sept. 24 and the book will be *Island of Sea Women* by Lisa See. New members are welcome.

Art Class: Class meets each Wed., 10 am - 12 pm, in The Center café. The class is taught by local artist Graham Dale.



Members of the Monday morning Duplicate Bridge group enjoy the challenge of a good game.

Call to register. A new ten week class begins Oct.16. The class fee is \$60 and will be pro-rated for those joining late.

Tuesday Movies: Following lunch in The Center lounge at 1 pm: 9/3 *The Public*, 9/10 *Rocketman*, 9/17 *Poms*, 9/24 **Silver Screen Selection:** *Back To The Future (1985)*.

New! Thursday Movies: Oldies, musicals, classics following lunch in The Center lounge, 1pm.

Ask the Nurse: 1st and 3rd Tuesday of each month, 11 am -12:30 pm, blood pressure screenings, weight and conversation with a registered VNA Community Healthcare Nurse in The Center lounge.

Duplicate Bridge: Mondays in The Center café, 9:30 am -12:30 pm.

Bridge: The Center's Wednesday bridge group invites new members! Join in for a friendly card game 1-4 pm, no reservations—just come to The Center café.

Pinochle: Mon., Wed. or Thu., 1-4 pm, in The Center lounge. Come any day—the group looks for new players and is willing to bring rusty players up to speed!

Pickleball: Meets Mon-Thu. in the Center Building gym for group play, 12:30-2:30 pm and Fri., 12:30-3:30 pm. Paid annual members may arrange playing times with one another. Annual membership is \$20 for Woodbridge residents and \$25 for non-residents. Stop by the office to make payment. Equipment is available on a first come, first served basis.

Shuffleboard, bocce and billiard equipment is available during business hours. Stop by with your group and play on a first come first served basis.

Back to School Blowout

September 20, 6:30-8:30 pm

Youth Services is hosting a blowout party for students of Amity Middle School-Bethany and all 7th and 8th grade residents of Woodbridge and Bethany. This Friday evening event will occur in the gym at Amity Middle School-Bethany (190 Luke Hill Road). No skills required. Challenge yourself on the inflatable, get into the DJ's games, or just dance. Watch or play, it's all laughs. Interactive DJ, free raffle and snacks. Pay the \$5 entry fee at the door. Register in advance at 203-389-3429 or



Youthone@woodbridgect.org to receive an extra raffle ticket. Woodbridge Youth Services and the Town of Bethany sponsor Youth Evening Programs.

Event Volunteers Needed

Adults, college students, and high school juniors and seniors may call 203-389-3429 to help. Community service hours will be approved.

Babysitter Training

Several students attended the Babysitter Training hosted by Youth Services in July. Life saving skills and child care basics were presented. The Job Bank has babysitters available to hire. For information, call 203-389-3429.



Job Bank Needs Teens

Help residents and earn cash by joining the Woodbridge Job Bank. Contact 203-389-3429 or email npfund@woodbridgect.org.

Farm on Wheels Visits Camp Hero

Woodbridge Recreation Dept. and Woodbridge Youth Services sponsored Farm on Wheels to bring animals to the Camp Hero summer program. It was a fun day for all!



Recreation News

Call Recreation at 203-389-3446 or email Recreation@WoodbridgeCT.org. Register at WoodbridgeCT.org. Select Recreation Registration at the homepage on the Town website to register and view the lineup of program options.

Yoga & T'ai Chi Fall Classes



This fall come join the thriving community of Yoga and T'ai Chi practitioners in Woodbridge. The classes may be one of Woodbridge's best kept secrets taking place on the Town Green in warm weather or Room 16 of the Center Building. A variety of classes are offered.

Gentle yoga is a slower-paced, dynamic class held each Monday and Wednesday at 10:30 am and Monday evenings at 5:30 pm. The morning sessions are "no knees" classes for individuals with sensitive knees or knee replacements. Instructor Diane King has taught yoga for 40

years and is trained in integral yoga, bone strength yoga and yin yoga.

Bill Banick, founder of Long River Taijiquan and co-founder of Big Face Love Yoga, has over 42 years combined experience and works with all ages, abilities and medical situations. His classes focus on a harmonious balancing of mind, body and spirit. Bill teaches Taijiquan (T'ai Chi) each weekday morning at 8:30 am and Tuesday evenings at 5:30 pm.

All classes are ongoing. Please register online or call the Recreation Office.

Fall Programs

It is time to register for fall programs including swim lessons, basketball, chess, bowling, Bricks4kidz, flag football, guitar, gymnastics, Kumon, Little Scientists, piano, Running Club, tennis, and taekwondo. Most programs begin the week of Sept. 9. Call the Recreation Office at 203-389-3446 for information, or register online at WoodbridgeCT.org. Click the online registration link.

5K Race and Children's Fun Run

Join the Woodbridge Recreation Dept. for their 38th annual 5K Road Race/Children's Fun on Sat., Oct. 5. The Children's Fun Run is at 9am at the Fitzgerald Tract. The 5K Road Race is at 10:30 am at the Woodbridge Town Center. Pre-register online at WoodbridgeCT.org, visit the Recreation Dept. at 40 Beecher Rd. or call 203-389-3446 for more information.

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