

# News and Events

March 2019

## Springing Forward

As the month of March arrives our thoughts turn to spring. Over the weekend of March 9<sup>th</sup> through 10<sup>th</sup> we change our clocks for **Daylight Savings Time**. This is a good time to also change the batteries in the smoke and carbon monoxide detectors in our homes (be sure to stock up now on the right batteries). This same weekend the Town will be conducting a semi-annual **test of our Reverse 911 System** by sending a phone message to all residents. If you're a new resident or want to sign up a new phone number, email address or TTY device to receive Town-wide emergency notifications, you can do so by visiting: [ctalert.gov](http://ctalert.gov).



My goal is to make the calendar the clearinghouse for all the wonderful events happening in Woodbridge.

Among the events you may be interested in on March 26<sup>th</sup> at 6 pm there will be a "Stop the Bleed" Training event, co-sponsored by Woodbridge Police Dept., Yale New Haven-Hospital and the JCC — see details at the Town website. On Thursday, March 28<sup>th</sup> we will hold a **Carpool "Try It" Day** at the JCC (360 Amity Road), co-sponsored by the Town, the JCC, Yale University and *CTrides*. The goal of this event is to introduce potential carpool members to each other, encourage ride sharing, and help reduce both traffic congestion and air pollution. By registering in advance and providing your commuting information through a form (the link is on the Town website) *CTrides* will match you to another carpooler and on March 28<sup>th</sup> registered "Try It" carpoolers will "meet their matches" and park for free at the JCC to set off on a trial carpooling day. Carpools will be organized to leave between 6:45 and 9:30 am, returning from 4:30 to 7:30 pm to fit the needs of various commuters. There is also an informational meeting about carpooling at the JCC on March 20<sup>th</sup> — stop by between 4:30 and 6:30 pm.

As always, please let me know if you have ideas you would like to share!

- *First Selectman Beth Heller*

There are also several opportunities to come together with your neighbors at Town of Woodbridge meetings and events planned for the next few weeks (see the Save the Date box below for Rid Litter Day). I also invite you to explore the newly expanded **Community Event Calendar at the Town Website**. Just scroll to the bottom of the homepage to view the calendar where Town Board and Commission meetings, as well as public events are now listed (or visit [woodbridgect.org/calendar.aspx](http://woodbridgect.org/calendar.aspx)). If your community organization would like to list an event on the Town calendar, please visit the calendar and at the top of the page, click "submit event." Please be sure to include an email address so that we can reach you if there are any questions about the submission.



## Take the Town's Trail Survey!

All trail users and potential trail users are encouraged to take a trail survey on the Town's website. This short survey will help provide guidance to the Town's plan for trail maintenance and also identify potential upgrades to the trails.

A link to the survey can be found under the "news and events" section on the Town website homepage: [WoodbridgeCT.org](http://WoodbridgeCT.org).

## Bulk Pickup Reminder

Remember to call the Department of Public Works at 203-389-3420 to schedule an appointment for bulk pickup. Spring bulk pickup will take place each Tuesday between 7:30 am - 3:30 pm, March through May, by appointment only. Bulk pickup will be offered again in the fall during the months of October and November. Residents are asked to limit their use of this service to one time per year to allow for everyone to take advantage of this program.

A list of items to be placed curbside will

need to be provided. Items should be large household items that cannot fit in the trunk of a car such as: large furniture items, wash machines, dryers, gas grills, lawn mowers, carpeting, bed frames and the like. Freon based appliances (air conditioners, refrigerators, dehumidifiers) require a \$10 Disposal Fee paid in advance at the office of the Dept. of Public Works, 15 Meetinghouse Lane.

Please call the office with any questions or for additional bulk pickup service information, 203-389-3420.

## Save the Date!

Rid Litter Day is April 28

on the Town Green,

11 am - 1 pm.

Help us keep Woodbridge beautiful.

Stay tuned for details.

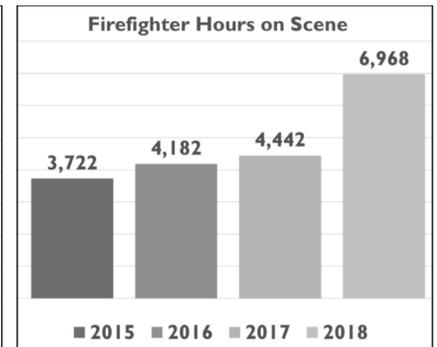
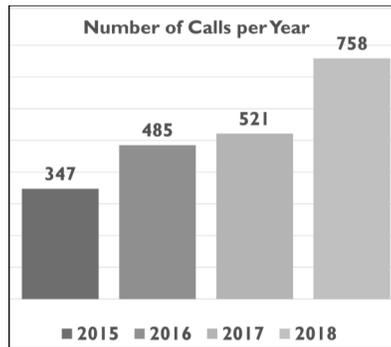
## Officer Mastropetre Welcomed

Michael Mastropetre was officially sworn in as a member of the Woodbridge Police Dept. at the January 2019 meeting of the Woodbridge Board of Police Commissioners.

Officer Mastropetre joins Woodbridge after a distinguished career with the New Haven Police Dept. In welcoming Officer Mastropetre (right), Chief Frank Cappiello (far right) stated that he brings with him a wealth of investigative skills and expertise and wishes him success and safety in his ongoing law enforcement career.



## 2019 Off to Busy Start for the Woodbridge Fire Department



The Woodbridge Volunteer Fire Dept. is being called into action more and more each year. Call volume has steadily increased since 2015. The ice storm in January 2019 alone generated nearly 100 calls for service which included water problems, wires and trees down, blocked roads, and electrical services pulled from houses. The trend seems to be toward stronger storms in Woodbridge and while they certainly impact the number of emergency incidents, other call types are up too. Car accidents are also occurring more frequently.

The 145 total calls by mid-February 2019 come on the heels of the 758 incidents in 2018, the busiest year in the history of the department (45% busier than 2017). When call volume goes up, so do the number of volunteer hours. In 2018, volunteer firefighters spent close to 7,000 total hours on incident scenes alone

(up 56% from the year before). Not reflected in that number is the time spent after an incident putting the equipment back in order, as well as time spent in training, and in the regular day-to-day maintenance and management of the department.

When call volumes increase like this the budget is also impacted. Consumables used in emergencies need replacing and the apparatus and tools suffer greater wear and tear. It is unclear if this upward trend will continue, but so far things do not seem to be slowing down.

Volunteer fire fighters and their families make a tremendous commitment to their neighbors and community when they sign up for service and Woodbridge is fortunate to have them! For more information and to learn about joining the department visit [WoodbridgeFire.com](http://WoodbridgeFire.com) and [Facebook.com/ WoodbridgeFire](https://www.facebook.com/WoodbridgeFire).



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Library hours are Mon. through Thu., 10 am - 8 pm and Fri. & Sat., 10 am - 5 pm.  
Visit the Library website 24/7 to access digital resources - [www.woodbridgetownlibrary.org](http://www.woodbridgetownlibrary.org)

The Library will open at 1 pm on Tuesday, March 19, due to a staff meeting.

## Introducing Kanopy



The popular on-demand film streaming service Kanopy is now available for free at the Woodbridge Town Library. Library card holders can access Kanopy and sign up to start streaming films by visiting [woodbridge.kanopy.com](http://woodbridge.kanopy.com). Films can be streamed from any computer, television, mobile device or platform by downloading the Kanopy app for iOS, Android, AppleTV, Chromecast or Roku.

Offering what the *New York Times* calls "a garden of cinematic delights," Kanopy showcases more than 30,000 of the world's best films, including award-winning documentaries, rare and hard-to-find titles, film festival favorites, indie and classic films, and world cinema with collections from Kino Lorber, Music Box Films, Samuel Goldwyn, The Orchard, The Great Courses, PBS and thousands of independent filmmakers.

With the motto of "thoughtful entertainment," Kanopy provides Woodbridge patrons with access to films of unique social and cultural value; films that are often difficult or impossible to access elsewhere, and programming that features diversity, with a wide array of foreign language films and films on race, and current affairs.

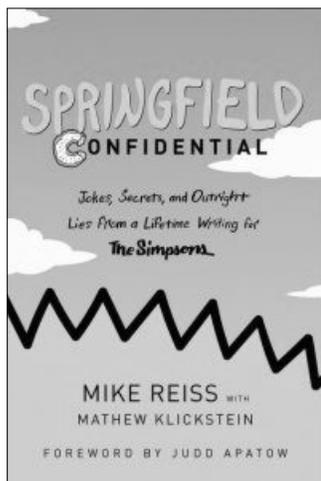
"We're thrilled to be able to provide access to this wonderful streaming service to the community," said Library Director Eric Werthmann. "The array of movies it offers is diverse and impressive and we feel like it will be a valuable complement to our DVD/Blu-Ray collection. We're extremely grateful to the Friends of the Library for providing funding that makes this new service possible."

The Kanopy collection includes indie hits like *Hunt For the Wilderpeople* and *2 Days in Paris*, classic masterpieces like *Aguirre, the Wrath of God* and *Seven Samurai*, and award-winning documentaries like the 2017 Oscar®-nominated *I Am Not Your Negro* and Sundance Film Festival winner *Mother of George*.

Kanopy was founded in 2008 by CEO Olivia Humphrey as an educational tool for colleges and universities. More than five million Kanopy users stream the most acclaimed movies and documentaries from award-winning filmmakers, and experience the best in independent, classic film and world cinema.

Please contact the Reference Desk at 203-389-3434 or email [wbrstaff@lioninc.org](mailto:wbrstaff@lioninc.org) with any questions or for assistance with an account.

## March Comes in Like a Lion with Two Exciting Events



**Springfield Confidential**  
with  
**Mike Reiss**  
Monday, March 4  
7 pm

The first week of March will have lots of buzz at the Library. It's the last chance to sign up for two great events: meet a member of television history, and support the Library while having fun!

Start off the week with laughs. On Monday, March 4, Mike Reiss, former head writer for *The Simpsons*, will visit the Library at 7 pm. Enjoy a humorous presentation with plenty of Simpsons trivia and show clips as well as a Q&A. Copies of his book, *Springfield Confidential*, which is loaded with even more Simpsons secrets, will be available for sale and signing. Please register online or at the Library.

To wrap up the week, come play Mini-Golf. Friday night is for Friends' members (ages 18+). Enjoy FREE Mini-Golf and refreshments after-hours in the Library. Not a Friend of the Library? Purchase a membership that evening at the door, starting at \$10 for seniors.

On Saturday, the entire public area of the Library will be transformed into a real miniature golf course, available from 10 am to 4 pm for adults and families. This game is best for children ages five and up.

For more information about these events, contact the Reference Desk (203-389-3434).



**Mini-Golf**  
at  
**the Library**  
Fri., March 8: 6 - 9 pm  
Sat., March 9: 10 am - 4 pm

## Children's Events

### Babies Session (0-18 months)

Every Wednesday, 10:30-11 am

Songs and rhymes, fun for little ones. No registration required.

### Ready to Read (18-36 months)

Every Thursday, 10:30-11 am

Find out how talking, singing and reading build vocabulary and a love of books! No registration required.

### Preschool Storycraft (3-5 years)

Every Saturday, 11-11:30 am

A literature based program and art project. No registration required.

### Eager Readers Book Group (Grades K-2)

Monday, March 18, 6:30 pm

Stop by the Children's Desk to pick up a copy of this month's title, and to register. Read the book at home and then come for a book discussion and craft.

### Dr. Seuss Night (All ages)

Monday, March 4, 6 pm

Join the Children's Department for fun and surprises! Please register online or at the Children's Desk.

### St. Patrick's Day Drop-In Craft Night (All ages)

Monday, March 11, between 5 and 7:30 pm

Stop in and make a fun craft for St. Patrick's Day! No registration required.

## littleBits Returns for Two March Saturdays

Spend a fun afternoon experimenting with littleBits. Explore the world of circuitry and see what can be invented. Come to one session or both! Saturdays, March 2 and 16 at 2 pm. For ages 7 and up; no registration required.

## March Film Screenings

All film screenings are on Thursdays at 7 pm, in the Library's meeting room. No registration required.

These films are all Academy Award-nominees—by the time they are shown here, they may have won!

### *Bohemian Rhapsody*

March 7

134 minutes; PG-13

### *A Star Is Born*

March 21

135 minutes; R

### *Green Book*

March 14

130 minutes; PG-13

### *First Man*

March 28

138 minutes; PG-13

## Fox and Friends in the Library on March 15

Be clever like a fox! The Children's Dept. will host a special fox event on Fri., March 15 at 2 pm for ages 4 - 7. Have fun with fox-themed stories, games, snacks...and fill a fox to take home!

Space and supplies are limited to one fox per family. Materials fee is \$5, cash only. Please register at the Children's Desk—the materials fee must be paid at registration.

For questions about this program, please call the Children's Desk at 203-389-3439.



## Celtic Chocolate with Kim Larkin

Celebrate a belated St. Patrick's Day at the Library on March 18 at 7 pm with a festive food

program. Licensed chocolatier Kim Larkin will highlight the history of chocolate and the Irish pioneers who helped along the way.

Dive into the history of famous Celt-

ic foods, lore, and Irish poetry with samplings of Dublin tea, Irish bread, Blarney cheese, and beautiful Celtic art chocolates. Please register online or at the Library.

## Massaro at the Library Winter Series Concludes



Come to the Ingredients for Change Panel Discussion with experts speaking about a variety of food-related issues and opportunities facing Connecticut. This final session in the "Massaro Farm at the Library" Winter Series will be held Wed., March 13, 6-8 pm.

Dina Brewster, Executive Director at the Connecticut Northeastern Organic Farming Association (CTNOFA), will talk about local organic farms

and their importance for the environment and communities. Jacqueline Maisonpierre of New Haven Farms will discuss the impact of food insecurity in the region and how the problem can be alleviated. A third speaker will talk about how climate change has hit Connecticut and its farms.

Learn how to get involved and where the needs are most severely felt in the state. Please register online or at the Library.

## Suggestion Box

The Woodbridge Center seeks your feedback. We're interested in what interests you! Please share your suggestions for classes and programs in person, by phone or by email. Let us know your ideas about how to expand The Center's offerings.

The Woodbridge Center currently offers health, wellness, fitness, education, nutrition, recreation and transportation programs.

## Intergenerational Program



Beecher Road School student council members will join The Woodbridge Center for an intergenerational program on Tue., April 2 at 10:45 am. This program will feature the Korean Spirit and Culture Promotion Project. Participants will create a beautiful lotus lantern, learn about Korean culture through a power point presentation and enjoy traditional Korean desserts.

There is no charge for this class but registration is required. The lunch program will follow allowing an opportunity for members of the two groups to get to know each other.

## March Lunch Menu

Lunch is served Tue. and Fri. at The Center café, at 12:15 pm. Cost is \$3 for dine-in meals, \$4 for take-out. RSVP is required by noon one day prior. Meals include bread, juice, coffee/tea and dessert.

3/1	Hamburgers with sweet potato fries
3/5	Meatloaf and potatoes
3/8	Crab Cakes with rice pilaf
3/12	<b>St. Patrick's Day!</b> Traditional fare!
3/15	Vegetable lo mein over rice
3/19	Chicken cordon bleu
3/22	Shrimp with linguini
3/26	Spaghetti with meatballs
3/29	Vegetable quiche

## Special Programming

Events are held at The Woodbridge Center unless otherwise noted. To RSVP or for questions, call 203-389-3430 or email [jglicksman@woodbridgect.org](mailto:jglicksman@woodbridgect.org)



The Chinese New Year celebration included a cultural program provided by Woodbridge resident Hong Wang as well as dance entertainment and a delicious Chinese luncheon. Join in for other lunch celebrations!

**RSVP is required one day prior unless otherwise noted.**

**Mar. 4:** 9 am - 1 pm **AARP Safe Driver Training**, Center lounge. \$15 - members; \$20 - non-members. RSVP required.

**Mar. 5: Volunteer Income Tax Assistance (VITA)**, 9 am - 12 pm, Tuesdays through April 9. VITA is a free tax preparation service available to low-income individuals, people who have a disability or those who speak limited English. Appointments are available Tue., 9 am - noon. Call for information on required documents and to make an appointment.

**Mar. 5:** 11:45 am, **Grand Opening** of The Center's long-awaited ADA compliant restroom. Join in for a celebration of this first step of a revitalized Center. Light desserts served. Snow date is Mar. 6 at 11 am.

**Mar. 5: Elder Scams** with Christine Buck, Legal Investigator at the office of CT Attorney General, will present on preventing scams such as "You've Won" scams, "Grandkid" scams, Medicare and Social Security scams and what to do if you are a victim, 12:30 pm.

**Mar. 6: Tai Chi** with Instructor

Gabriella Connolly, R.N. two sessions offered—Wed., 10-11 am (beginner) and 11 am - 12 pm (intermediate), 12 weeks through May 29. Call to register.

**Mar. 12: St. Patrick's Day celebration!** Entertainment provided by Larry Batter at 12 pm, a delicious traditional meal for \$6. RSVP by 3/6.

**Mar. 18: Lunch Bunch** returns! Join in for lunch with friends at Lucy B's in Milford. Transportation is provided by the Center van (\$3) or meet there. Self-pay at the restaurant.

**Mar. 19: Lunch entertainment** with Bill Bevacqua begins at 12:15 pm. RSVP required.

**Mar. 21:** Weekly craft group begins 10 am - 1 pm in The Center lounge. Calling all knitters and crocheters to join this group. No RSVP required.

**Mar. 26:** Spring themed **Cupcake decorating** with Kim Vertrees, Community Liaison for CT In-Home Assistance, 11 am - 12 pm.

**Apr. 25: Spring Fling Health and Wellness Fair** sponsored by New England Young at Heart in the Center Building gym, 9 am - 1 pm.

# Woodbridge Center News

## Breakfast at 10 Lecture Series

**Mar. 27: Adding Years to Your Life & Life to Your Years** with Louis Cofrancesco, DC, of Cofrancesco Chiropractic & Healing Arts. RSVP is requested.

**April 24: Diabetes: How to Manage It If You Have It & How To Prevent It If You Don't** with Mary Swansiger, BSN, MPH, CDE, Outreach Coordinator Griffin Hospital Community Outreach & Parish Nursing.

All lectures are held in The Woodbridge Center lounge.

## Emergency Assistance Update

During power outages, there are a variety of resources available to Woodbridge residents. If you, or someone you know, would benefit from being placed on the Emergency Call List, please contact the Human Services Department at 203-389-3429. This list includes seniors or disabled residents who are called prior to and following a storm or emergency to provide re-assurance and services.

Emergency shelter and assistance during power outages and storms are available. Residents should call

the Woodbridge Police Dept. at 203-387-2511 for shelter opening information.

If you or a family member would like to be added to the United Illuminating Company's (UI) "Storm Woodbridge Life Support / Life Threatening Medically Code Customer List", please contact UI's Customer Care Center at 1-800-722-5584, and provide account information along with a doctor's note. For more information regarding this program, please contact UI.

## Ongoing Programming

**New! Weekly Craft Group** begins Mar. 21 (Thu.) from 10 am - 1 pm in The Center lounge. Calling all knitters and crocheters to join the group. No RSVP necessary.

**New three month session! Yoga for Healthy Aging Class** meets Fridays, 11:45 am - 1 pm, in the Center Building, Rm. 16, with instructor Julie Luciani. Class combines seated and standing postures and is safe for all. Please register to reserve a spot—12 sessions for \$75. The class fee will be pro-rated if joined late.

**Mahjong:** Mon. & Fri., 10 am, Center Building, Rm. 11.

**Exercise with Laurie:** Workout includes a combination of strength training, cardio, flexibility and balance. Bring weights if you have them. Class is in the Center gym, Tue. and Thu., 10-11 am. No need to sign up—just pay a drop in fee of \$2.

**Book Club:** The book club meets the 4th Tuesday of each month, 11 am at the Woodbridge Town Library. The next meeting is March 26 and the book will be *Where the Crawdads Sing* by Delia Owens. New members are welcome.

**Art Class:** Class meets each Wed., 10 am - 12 pm, in The Center café. The class is taught by local artist Graham Dale. Call to register. The ten week class is \$60 and will be pro-rated for those joining late.

**Friday Movies:** Following lunch in The Woodbridge Center lounge at 1 pm: 3/1 *The Wife*, 3/8 *Bohemian Rhapsody*,

3/15 *Green Book*, 3/22 *A Star is Born*, **Favorite Film Friday** 3/29 *The Quiet Man* (with John Wayne, 1952).



Valentine's Day and other occasions make great opportunities for participation at The Center.

**Ask the Nurse:** 1st and 3rd Tuesday of each month, 11 am - 12:30 pm, blood pressure screenings, weight and conversation with a registered VNA Community Healthcare Nurse in The Center lounge.

**Duplicate Bridge:** Mondays, 9:30 am, in the café.

**Bridge:** The Center's Wednesday bridge group invites new members! Join in for a friendly card game. No reservations—just come to The Center lounge.

**Pinochle:** Mon., Wed. or Thu., 1-4 pm, in The Center lounge. Come any day—the group looks for new players and is willing to bring rusty players up to speed!

**Pickleball:** Meets Mon-Thu. in the Center gym for group play, 12:30-2:30 pm and Fri., 12:30-3:30 pm. Paid annual members may arrange playing times with other players through the Doodle scheduling tool. Annual membership is \$20 for Woodbridge residents and \$25 for non-residents. Equipment is available on a first come, first served basis.

**Bocce:** Begins again in April, Tuesdays from 11 am - 12 pm at the bocce court in the picnic grove behind the Old Firehouse.

Calling all poker, canasta and spades players—call The Center and share your interest and The Center will put a group or a game together!

## Do You Know an Outstanding Woodbridge Youth?

Consider nominating a Woodbridge youth for the First Selectman's Youth Award. Any youth, age 18 or under, who has worked to improve the Town of Woodbridge or to assist its residents is eligible. The Nomination Form can be found on the Youth Services page of the Town website.

Principals, teachers, fellow students, neighbors, group leaders, etc. are encouraged to

make nominations. Parents or family members may not nominate a relative. Nominations are due by March 11.

The winner who will be chosen by the Youth Advisory Board's selection committee, will receive the honor from First Selectman Beth Heller at the Human Services Volunteer Tea on April 11. Peoples Bank will also present a generous gift to the deserving person.

## Program Raises Funds for American Heart Association

Seventh and eighth graders crafted candy filled fortune cookies to present to friends or family members, and danced to favorite songs at the recent "Have a Heart" fundraiser.



Program Assistant Barbara (BeeJ) Ahern (on left) guides students with candy and message choices.

## Kindness Klub to Start New Project

The next Kindness Klub will be Thu., March 21 after school at Amity Middle School Bethany cafeteria. Create a fun craft to be donated to a respected humanitarian organization. All materials and snacks

are provided by Youth Services. No special skills required. Klub ends in time for late bus.

Call 203-389-3429 for more information or check the Town website.



Yale Researcher Tricia Dahl recently educated faculty and students at Amity Middle School-Bethany about vaping and the chemicals in vaping products. Parents may contact Youth Services regarding vaping and its effects.

# Recreation News

Call Recreation at 203-389-3446 or email [Recreation@WoodbridgeCT.org](mailto:Recreation@WoodbridgeCT.org). Register at [WoodbridgeCT.org](http://WoodbridgeCT.org). Select Recreation Registration at the homepage on the Town website to register and view the lineup of program options.

## Fitness Center



### Did you know the Woodbridge Recreation Dept. offers a Fitness Center?

To help with your fitness goals, the Fitness Center offers a wide variety of equipment including: Stair Masters, Life Cycle Bikes, Treadmills, Universal Nautilus Equipment, free weights and knowledgeable staff.

Open every morning, 9 am to noon, and evenings, Mon. through Fri, 4 - 9 pm, the Fitness Center is conveniently located in the Center Building, 4 Meetinghouse Lane.

Enjoy one of the several membership options or simply stop by and pay a \$5 drop-in fee. For membership details or questions, call the Recreation Office at 203-389-3446.

## Spring Program Registration

There is still time to register for spring programs including: swim lessons, bowling, basketball, Clay Date, flag football, guitar lessons, gymnastics, Kumon, Kids Dig Farms, Little Scientists, Coding Club, piano

lessons, Running Club, sign language, Taekwondo and tennis.

Most programs begin the week of March 25. Call 203-389-3446, or use the registration link on the Town website, [WoodbridgeCT.org](http://WoodbridgeCT.org).

## Adult Badminton & Programs

Adult badminton for all skill levels, ages 16 and above, takes place every Wed., 7-9 pm, at Beecher Road School, South. Players should bring a racket; nets and feathered birdies are supplied. Prorated memberships are available or pay a \$5 drop in fee. Adult yoga and T'ai Chi classes are also available. Registration for all adult programs is ongoing. Register



online at [WoodbridgeCT.org](http://WoodbridgeCT.org) or call 203-389-3446.

**Summer Camp CIT & Volunteers:** Registration begins Mon., March 25 for those enrolled in summer camp last year. For any remaining spots, open registration begins Mon., April 1. Interested individuals must apply at the Recreation Office.

As Summer Camp runs June 24 - Aug. 2, priority will be given to those able to attend all six weeks. (Week one is mandatory.) The CIT fee is \$510 for Woodbridge residents, and \$610 for non-residents. For details, please call 203-389-3446.

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