



Autumn in the Air

The Selectmen received updates on several ongoing issues and projects at our September 12 Board of Selectmen meeting, including the Fiscal Health Analysis being conducted by CERC. After discussion of initial findings, we expect a Final Report to be delivered at our October meeting to help us hold down costs and save taxpayer dollars as we begin consideration of next year's budget.

The Selectmen also received an update on the Town Center Beautification Plan, and heard the details of a plan for a garden on the Town Green, which will be made possible by a gift from the family of Arden Clark Gordon. The garden will highlight the entryway to the beautiful space that is our Town Green and kick-off our larger project of beautifying the Town Center. I encourage community members and organizations who might also like to donate to help complete some of the other projects outlined in the Beautification Plan to learn more at our website: WoodbridgeCT.org/496/Current-Issues-Projects



The Town has also ushered in live video streaming of meetings—please visit the WGATV YouTube Channel to watch live coverage of upcoming meetings, or see video re-plays of recorded meetings on-demand, by visiting: youtube.com/user/wgatv79

Also, at our September 12 meeting, we received an update from Insite Development with some additional details regarding a proposal for the former-Country Club of Woodbridge property. You can view this portion of the meeting to learn more by visiting the YouTube link above. The Selectmen have made no decisions yet. Any proposal for this property will of course ultimately be considered by voters

in a referendum, and I will continue to keep the public informed of all developments along the way.

—First Selectman Beth Heller

Fallapalooza - October Event Schedule



Fallapalooza, the annual month-long celebration of Woodbridge, has something for everyone. Event details are available on the Town website: WoodbridgeCT.org/Fallapalooza

Oct. 6: Woodbridge Road Race, Fun Run at 9 am and 5k at 10:30 am.

Oct. 6: First Annual Oktoberfest at New England Brewing, 12-9 pm.

Oct. 6 & 7: Massaro Community Farm hosts an interactive performance of *Charlotte's Web*, 10/6 at 11 am & 2 pm, 10/7 at 2 pm.

Oct. 18: Meet Your Carpool Match. Carpool info session hosted by the Town, CT Rides and the JCC, 7 pm at the JCC.

Oct. 19 - 21: Homecoming Arts & Music Weekend at First Church of Christ.

Oct. 21: JCC hosts an International Festival, 11 am - 2 pm.

Oct. 21: Thomas Darling House Open House: Hearth Cooking & Hike, 2-4 pm.

Oct. 25: Cheese 101 (beer and wine pairing) at New England Brewing, 5-7 pm.

Oct. 26: Final Friday Halloween Party with Alpaca Gnomes and opening band at New England Brewing, 6-10 pm.

Oct. 27: Pampered in Pink at Progressions Salon (8:30 am - 4:30 pm), plus retail specials at The Red Barn & The Write Approach, 245 Amity Road.

Oct. 27: Pumpkin carving and kids

Halloween costume contest at New England Brewing, 12-5 pm.

Oct. 28: Jack-o-Lantern Yoga at New England Brewing, 10-11 am.

Oct. 28: Great PUPkin Fest Pooch Parade and Canine Costume Contest hosted by Woodbridge Dog Park Cooperative, 1-3 pm, Woodbridge Town Green.

Oct. 31: Truck or Treat and Spooktacular Fireworks, 5-8 pm.



See p. 2 for Truck or Treat details.

Town News



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Holiday Baskets, Toys & Fuel

Woodbridge Human Services is accepting applications through October 31 for holiday food baskets. In addition, families may apply for the Toys for Kids Program Inc. and the Connecticut Energy Assistance Program both administered by TEAM Inc.

Residents can contact Woodbridge Human Services at 203-389-3429 for eligibility guidelines and an appointment to apply for a holiday basket, toys, or fuel assistance.

Sponsors are needed to participate in the Adopt-A-Family Program to provide holiday food

baskets to families in need for the December holidays. Volunteers are also needed to sort food for the Emergency Food Closet. Anyone interested in sponsoring a family or volunteering should contact Human Services at 203-389-3429.



Halloween Truck or Treat

The Woodbridge Volunteer Fire Department is holding its 7th Annual Halloween "Truck or Treat" event on Wed., Oct. 31 from 5-8 pm (rain date if needed is Nov. 2). Admission is free.

As always, the fire trucks will be decorated for the holiday and children can "truck or treat" in a fun and safe setting. Donations of candy are appreciated and can be dropped off in the Firehouse lobby Mon. - Fri., 8 am - 4 pm, leading up to the event. A dinner of hot dogs, hamburgers, soup and more will also be served. At 7:15 pm the Fire Association will put on a fireworks' display.

Due to the popularity of this event, Route 114 between Meetinghouse Lane and Newton/Center

Rd. will be closed 4:30-9 pm. Parking will not be allowed on Beecher Rd. between Route 114 and Woodside Dr. or on Newton Rd. from Route 114 to Burnt Swamp Rd. Parking is available at the Old Firehouse, on Meetinghouse Lane, at Town Hall and Amity Regional High School.

Additionally, public access to the Fitzgerald property will close from 2-9 pm to allow for the safe set-up of the fireworks' demonstration.

The Association is seeking sponsors. For information on how to become a sponsor and event updates, please visit: WoodbridgeFire.com or [Facebook.com/WoodbridgeFire](https://www.facebook.com/WoodbridgeFire)

Assessor's Motor Vehicle Inspection

During the month of October, the Woodbridge Assessor's office will inspect those motor vehicles felt to have high mileage and/or poor body condition. The vehicle must be registered in the Town of Woodbridge as of October 1, 2018. The mileage and condition of the vehicle will be documented and taken into consideration when pricing the vehicle for the October 1, 2018 Grand List. This

inspection may or may not change the motor vehicle value.

Please bring your vehicle to the Woodbridge Town Hall between 9 am and 4 pm, Monday - Friday. An appointment is not necessary.

October will be the only time during the year that mileage and motor vehicle condition will be considered. Call the Assessor's Office at 203-389-3416 with questions.

Library hours are Mon. through Thu., 10 am - 8 pm and Fri. & Sat., 10 am - 5 pm.

Visit the library website 24/7 to access digital resources - www.woodbridgetownlibrary.org

Gardener Tovah Martin to Visit Library

Join us on Wednesday, October 10 at 7 pm for A Boot Camp for Your Senses with Tovah Martin, a presentation to coincide with the publication of her latest book, *The Garden in Every Sense and Season*. This program is rescheduled from our original date of May 15, 2018. Please register/re-register on our website or by calling the library. Books will be available for sale and signing.

Explore the garden on all levels by attuning your nose to the scents and training your ears to listen. Learn to garden with eyes wide open, ears to the ground, and hands outstretched. You will be led through an odyssey of exploration to awaken the senses and arouse your abilities of perception on all levels. This lecture is beautiful and fun as well as highly practical. Advice and ideas will be shared, deeply enhancing the gardening experience, while also incorporating a "Smellathon" to help get nostrils in gear.

Author of the classics *The Unexpected Houseplant*, *The New Terrarium*, and *Tasha Tudor's Garden*, Tovah has written more than a dozen gardening books. She served as garden editor for *Victoria* magazine throughout its lifetime and was



named the new *Victoria's* Writer in Residence for 2012. In addition, her articles appear in a broad range of magazines and periodicals, including *Country Gardens*, *Garden Design*, *Coastal Home*, *Martha Stewart Living*, *Traditional Home*, *Design New England*, *Yankee*, *The Litchfield County Times*, and *The Daily Telegraph*. For two years she served as segment producer and frequent guest on the PBS television series *Cultivating Life*, and she is a repeat guest on the CBS *Sunday Early Show*. Tovah teaches houseplant cultivation to Master Gardeners and lectures extensively throughout the country.

An accredited Organic Land Care Professional through NOFA, Tovah gardens fanatically and organically both indoors and throughout her seven-acre Connecticut garden. In addition to bestowing their Sarah Chapman Francis Medal for outstanding literary achievement on Tovah in 2008, The Garden Club of America and the Litchfield Garden Club awarded her honorary memberships. *People, Places, Plants* magazine called her "one of the top 10 most influential educators in gardening" and the Massachusetts Horticultural Society honored her with its Gold Medal "for extraordinary service to horticulture, especially greenhouses and indoor plants."

Calling All Composters!



To have a healthy lawn and garden, you need healthy soil. Compost is what you need to nourish your soil. Starting a home composting area is easy, and you already have the ingredients in your kitchen! Composting can reduce your carbon footprint by reducing food waste that goes into incinerators, supporting a cleaner environment.

As part of ongoing sustainability efforts by Beecher Road School, the Town's Ad Hoc Sustainability Committee and the Woodbridge Town Library, the public is invited to learn to compost at home at a free workshop on Sat., Oct. 6 at 3 pm. Domingo Medina of New Haven's Peels & Wheels Composting will speak about how to compost at home. This program is open to all—bring your families and your questions!

We will start in the Library's meeting room and then head outside for a hands-on demonstration. Light refreshments will be provided—and composted at the event! Please register online or at the Library.

Spectacular Squash with Robin Glowa



Whether it be butternut, acorn, spaghetti or another variety, squash is one of the most versatile and delicious autumn ingredients. This class will explore creative new ways to cook and create with this abundant autumn crop. Robin Glowa, *The Conscious Cook*, returns to the Library on Tuesday, Oct. 16 at 7 pm. Samples and recipes provided.

This program is for teens and adults, ages 14 and up. Registration is required; this is a very popular program and space is limited. Please register online or at the Library.

Children's Activities & Events

Babies Session (0-18 months)

Every Wednesday, 10:30-11 am

Join us for songs and rhymes, fun for little ones.
No registration required.

Ready to Read (18-36 months)

Every Thursday, 10:30-11 am

Find out how talking, singing and reading build vocabulary and a love of books! No registration required.

Preschool Storycraft (3-5 years)

Every Saturday, 11-11:30 am

Join us for a literature based program and art project!
No registration required.

Eager Readers Book Group (Grades K-2)

Monday, Oct. 29 at 4:30 pm

Stop by the Children's Desk to pick up a copy of *Scarecrow* by Cynthia Rylant, and to register. Read the book at home and then come for a book discussion and craft.

Sneak Peek Book Club (Grades 5 & 6)

Thursday, Oct. 18 from 5:30-6:30 pm

Get your first look at brand new books at the library, make a Halloween craft, and have a snack! Register online or at the Children's Desk.

Halloween Preschool StoryCraft (Ages 3-5)

Saturday, Oct. 27 at 11 am

Halloween stories, a craft, a costume parade and a surprise!
Please register online—space and supplies limited.

WingMasters Birds of Prey Show (all ages)

Saturday, Oct. 27 at 2 pm

Enjoy hawks, owls, and more in the meeting room. Online registration required. All children MUST be accompanied by an adult at all times. After the Birds of Prey show, come upstairs for an owl craft. Free surprise for all kids!

Film Screenings: Docu-tober

October's Thursday Night Film Screenings will become DOCU-TOBER, as we screen some recently released documentaries. Join us at 7 pm in the meeting room; no registration required. Can't make it on Thursday nights? Starting October 12, we'll show an encore presentation on Friday afternoons at 1 pm.

Bombshell: The Hedy Lamarr Story

Thursday, Oct. 4 at 7 pm (No Friday screening)

90 minutes; not rated

Hedy Lamarr was a Hollywood movie star who was hailed as the most beautiful and glamorous in the world. Her beauty obscured her astounding true talents, among them was her inventive genius and homemade gadgets. This film explores Lamarr's life which included escaping a loveless marriage on the eve of Nazi Germany's conquest of her nation to a new career in Hollywood. Her intellectual contributions were denied their due even when she offered them in the service of her new home during World War II. Only after years of career and personal decline in her troubled life would Lamarr learn that her staggering aptitude created brilliant engineering concepts that revolutionized telecommunications, which forced the world to realize the hidden abilities of a woman it had so unfairly underestimated.

RBG

Thursday, Oct. 11 at 7 pm or Friday, Oct. 12 at 1 pm

96 minutes; PG

At the age of 84, U.S. Supreme Court Justice Ruth Bader Ginsburg has developed a breathtaking legal legacy while becoming an unexpected pop culture icon. But without a definitive Ginsburg biography, the unique personal journey of this diminutive, quiet warrior's rise to the nation's highest

court has been largely unknown, even to some of her biggest fans—until now. *RBG* is a revelatory documentary exploring Ginsburg's exceptional life and career.

Won't You Be My Neighbor

Thursday, Oct. 18 at 7 pm or Friday, Oct. 19 at 1 pm

94 minutes; PG-13

An intimate look at America's favorite neighbor: Mister Fred Rogers. A portrait of a man whom we all think we know, this emotional and moving film takes us beyond the zip-up cardigans and the land of make-believe, and into the heart of a creative genius who inspired generations of children with compassion and limitless imagination.

Three Identical Strangers

Thursday, Oct. 25 at 7 pm or Friday, Oct. 26 at 1 pm

96 minutes; PG-13

Three strangers are reunited by astonishing coincidence after being born identical triplets, separated at birth, and adopted by three different families. Their jaw-dropping, feel-good story instantly becomes a global sensation complete with fame and celebrity, however, the fairy-tale reunion sets in motion a series of events that unearth an unimaginable secret—a secret with radical repercussions for us all.



Woodbridge Center Renovation

The Woodbridge Center will undergo substantial improvements beginning in October. An accessible restroom and ramp will be added to the facility to improve service to the community.

During this renovation all activities will continue without interruption. However, some programming will occur in other locations. Exercise classes, lectures, card playing and hot meal service will be relocated to other areas of the Center Building, Town Library and the First Church of Christ across the street at 5 Meetinghouse Lane.

For more information regarding individual activities please call The Center at 203-389-3430.

Breakfast at 10 – Lecture Series

Oct. 24: Brain Health: Untangling the Mystery of our Brains and Aging

How can we stay safe, healthy and independent? The Yale New Haven Hospital traumatic Brain Injury (TBI) team will discuss how to prevent TBI and vital strategies to help our brains stay healthy, Woodbridge Library meeting room.

Nov. 28: Tips for Healthcare Self Advocacy with Jeanne Hughes, BSN, RN of Seabury Care at Home, Woodbridge Library meeting room.

October Lunch Menu

Lunch is served Tue. and Fri. at The Center Café at 12:15 pm. Cost is \$3 for dine-in meals, \$4 for take-out. RSVP is required by noon one day prior. Meals include bread, juice, coffee/tea and dessert.

10/2	Roast beef, mashed potato, vegetable
10/5	Chicken oregano, rice, vegetable
10/9	Chicken enchilada with rice
10/12	Chicken 'n dumplings
10/16	Mousaka
10/19	Turkey pot pie
10/23	Eggplant rollatini
10/26	Shepard's pie
10/30	Stuffed peppers, mashed pot., treats!

Special Programming

Events are held at The Woodbridge Center unless otherwise noted. To RSVP or for questions, call 203-389-3430 or email jglicksman@woodbridgect.org



Enjoy a great game of bocce every Tuesday at 11 am.

RSVP is required one day prior unless otherwise noted.

Oct. 3: Living Treasure Award Dinner, 5:30-8:30 pm in the Center gymnasium. Admission with pre-paid ticket only.

Oct. 5: Flu Clinic 11 am – 3 pm sponsored by the VNA in the Center gym. Please bring all insurance cards with you. The CDC recommends yearly flu shots.

Oct. 9: Hearing, Balance & Speech Audiology Screenings: 11 am - 12:15 pm & 12:45-2 pm. Hearing health discussion 12:15-12:45 pm with Ronni Mathews, M.S., CCC.

Sept. 15: Lunch Bunch! Join in for lunch with friends at Seven Seas Restaurant in Milford. Transportation is provided by The Center's van (\$3) or meet us there at noon. Self-pay at the restaurant.

Oct. 16: Lunch entertainment with Jim Sheehan, begins at 12:15 pm.

Oct. 17: State Senator George Logan's Senior Health and Wellness Fair 11 am - 2 pm at Warsaw Park, Ansonia. Transportation for Woodbridge residents will be provided at no cost by The Center. Please call to reserve a spot by Oct. 10.

Oct. 17: Fall Ball with New Eng-

land Young at Heart 11 am - 3 pm at Aria in Prospect. Tickets are \$22 and transportation is \$3. RSVP by Sept. 30.

Oct. 23: Halloween Cards with Angel Antonino of Elizabeth's Home Care at the Congregational Church, 11 am - 12 pm.

Oct. 24: Trip! To Broadway with lunch at Carmines and choice of show: *Wicked* or *My Fair Lady*. Includes transportation, tickets to show, luncheon and gratuity, \$259.

Oct. 29: AARP Safe Driver Training class at 9 am - 1 pm in the Library meeting room; \$15 for AARP members, \$20 for non-members. Reservations are required.

Oct. 30: Halloween Party! Lunch entertainment with Larry Batter, begins at 12:15 pm.

Nov. 1: Fascia's Chocolate Trip! Leave The Center at 9:45 am, tour and chocolate making-\$15. Lunch at the Station restaurant in Naugatuck, self pay. RSVP by Oct. 26.

Nov. 7 Bridge Class—Reverse Bids 6:45-9 pm with Rita Brieger in the Center gym. Learn reverse bids and recognize when your partner makes one. Intermediate level, space limited to 40 participants, \$5 fee. RSVP required.

Volunteers Needed

As leaves turn color and fall, we have an opportunity to think about changes people can make around town. October includes 'National Make a Difference Day'—a chance for each of us to consider ways to improve the lives of those around us.

There are many opportunities here at The Center for those who want to be involved. As we prepare for the Oct. 3 Living Treasure Award Dinner celebrating community service, we welcome volunteers and community members willing to pitch in. We're looking for help with the Friendly Visitor & Telephone Reassurance program, lunch program volunteers, and talented people who might teach classes at The Center. Please call 203-389-3430 to sign up or with questions!

Meetinghouse Café

Come try the new Meetinghouse Café located at 4 Meetinghouse Lane on the lower level. The café is open to all ages from 8 am to 2 pm,

Mon.-Fri., and serves breakfast and lunch. During the renovation the café will be open for take out only. Please call 203-389-3491 to order or drop in for a tasty meal!

CHOICES Counselors Available

Medicare's Open Enrollment period runs from Oct. 1 to Dec. 7. The Town of Woodbridge has certified CHOICES Counselors available to provide counseling and information on topics such as Medicare, Medicare Supplemental Insurance, Medicare HMO's, Long-Term Care Insurance and other state and federal benefit programs.

Please call 203-389-3429 for more information.

Ongoing Programming



Yoga for Healthy Aging

New! Poker on Tuesdays, 1-3:30 pm join in for a friendly game of poker in the Center Building, Room 11.

New! Tai Chi with Instructor Gabriella Connolly, R.N. Wednesdays, 10-11 am and 11 am - noon, 9/26-12/12. Class is \$15 for twelve sessions. RSVP required.

Bocce: Tuesdays 11 am - 12 pm at the Bocce court in the picnic grove behind the Old Firehouse.

Exercise with Laurie: Workout includes a combination of strength training, cardio, flexibility and balance. Bring weights if you have them. Class is in the Center gym, Tue. and Thu., 10-11 am. No need to sign up—just pay a drop in fee of \$2.

Book Club: The book club meets the 4th Tuesday of each month, 11 am at the Woodbridge Town Library. The next meeting is Oct. 23. This month's book is *Meet Me at the Museum* by Anne Youngson. New members are welcome.

Art Class: Class begins Oct. 31 and meets each Wed., 10 am - 12 pm, in the Center Building., Room 11. The class is taught by local artist Graham Dale. Call to register for the ten week class—\$60.

Friday Movies: Following lunch in The Center's lounge on 10/5 and moving to the Library meeting room starting on 10/12 at 1 pm: **Favorite Film Friday:** 10/5 *Agatha Christie's Death on the Nile*, 10/12 *RBG (Ruth Bader Ginsberg)*, 10/19 *Won't You Be My Neighbor (Fred Rogers)*, 10/26 *Three Identical Strangers*.

Ask the Nurse: 1st and 3rd Tuesday of the month, 11 am - 12:30 pm, blood pressure screenings, weight and conversation with a registered VNA Community Healthcare Nurse.

Duplicate Bridge: Mondays, 9 am, the Center Building gym starting 10/15.

Bridge: The Center's Wednesday bridge group invites new members! Join the group for a friendly card game. No reservations necessary—just come to the Center Building, Rm. 11.

Pinochle: Meets Wednesdays, 1-4 pm, in the Town Library, meeting room. Come any day—the group looks for new players and is willing to bring rusty players up to speed!

Yoga for Healthy Aging: Meets Fridays, through Nov. 16 from 11:45 am - 1 pm in the Center Building, Room 16, with instructor Julie Luciani. The class fee will be pro-rated for anyone registering late. Class combines seated and standing postures and is safe for all. Reserve your spot—11 sessions for \$75.

Mah-jong: Mon. & Fri., 10 am, Center Building, Room 11.

Pickleball: Meets Mon-Thu., the Center gym for group play, 12:30-2:30 pm and Fri., 12:30-3:30 pm. Paid annual members may arrange playing times with other players through the Doodle scheduling tool. Annual membership is \$20 with a suggested \$5 additional donation. Equipment is available on a first come, first served basis.

Kindness Klub is Back

Join the popular humanitarian club sponsored by Youth Services. The Kindness Club kicks off Nov. 1—come to one or as many meetings as you'd like. Meet after school in the Amity Middle School-Bethany cafeteria and create a craft or keepsake to donate to a worthy cause.

Sessions are free and students will earn community service credit while

listening to tunes, enjoying a snack and helping make someone's day with a personalized creation.

The Kindness Klub supports local charitable organizations including pet relocation from flood zones, local women's shelter and foster children in Connecticut.

Permission slips are required. To join, call 203-389-3429 or email Youthone@WoodbridgeCT.org.



Annual Halloween Party!

Enjoy an evening of frightful fun—costumes (optional), donut eating contest, music, dancing, games, raffles & much more.

Party date, time and location will soon be announced. Check out Youth Services on the Town website, WoodbridgeCT.org or call Youth Services at 203-389-3429 for details.

iPhone Photography



Back by popular demand—Youth Services is offering an iPhone Photography class at the Apple Store to Amity Middle School-Bethany students. The after-school trip will be Oct. 18 (Thu.) for the Sketch Walk photography class.

Students will travel by bus from school to the Apple Store in New Haven, take a walking tour through Yale to take photos and then return to the store for an editing session. Students will return to school at 4:45 pm for parent pick-up.

Space is limited and will be guaranteed only when the \$12 class fee, permission slips and waivers are received. Call 203-389-3429 or email Youthone@WoodbridgeCT.org.

Recreation News

Call Recreation at 203-389-3446 or email Recreation@WoodbridgeCT.org. Register at WoodbridgeCT.org. Select Recreation Registration at the home page on the Town website to register and view the lineup of program options.



Annual Road Race Reminder

The Woodbridge Recreation Department's 37th Annual 5K Road Race and Children's Fun Run will take place Sat., Oct. 6. The Children's Fun Run is at 9 am at the Fitzgerald Tract. The 5K Road Race begins 10:30 am at the Woodbridge Town Center (Meetinghouse Lane).

Race day registration begins at 8 am or pre-register online at WoodbridgeCT.org or visit the Recreation Dept. Portions of race proceeds will go to the Woodbridge Food & Fuel Fund as well as Recreation Programs to benefit the community.

The Road Race is the kick-off to the month long Fallapalooza celebration taking place throughout October.

Ongoing Fall Registration

There is still time to register for some Recreation fall programs that have already begun, including basketball, bowling, flag football, guitar, gymnastics and Running Club.

Also, there are spots available in adult programs such as meditation, T'ai Chi, tennis and yoga. For registration information, please contact the Recreation Dept. at 203-389-3446, or register online at WoodbridgeCT.org. Click the online registration link.

Adult Badminton Returns



Adult badminton returns every Wed. night from 7-9 pm beginning Oct. 3 through Dec. 19 at the Beecher South gym. Four courts are available to players of all skill levels, ages 16 and above. A winter session will follow.

Players are encouraged to

bring their own racket. Nets and feathered birdies are supplied. The session costs \$90 for 10 weeks or a \$10 drop in fee. Your first class can be a free trial!

For more information on badminton, please call the Recreation Office at 203-389-3446.

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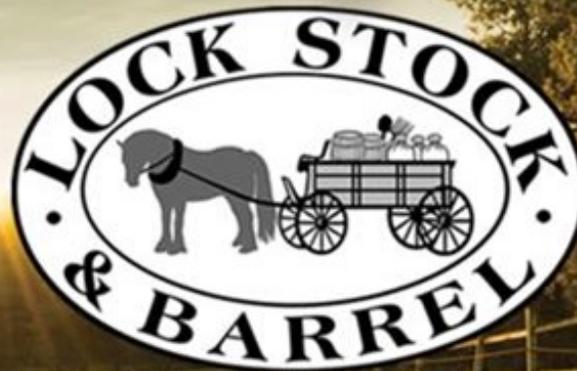
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