

# **Woodbridge Human Services Commission**

## **Minutes of the January 4, 2022**

Via Zoom, 7:00 p.m.

Can be viewed: [https://youtu.be/Ryhksf\\_71Og](https://youtu.be/Ryhksf_71Og)

**Members Present:** S. Davidson, Commission Chair, V. Livesay, A. Holzman, B.P. Madden, J. Ciarleglio, C. Austin, L.F. Miller (7:04 pm)

**Liaisons:** D. Lober, BOS Liaison, D. Rowland, BOF Liaison

**Staff present:** N. Pfund, Youth Services Director, K. Moriarty, Woodbridge Center Director

**Absent:** J. Glicksman, Human Services Director, J. Labieniec and J. Clarke-Lofters, Commission members

The meeting was called to order at 7:01 p.m. by S. Davidson, Chair.

### **I. Public Comment**

Although publicly noticed, no members of the public were in attendance.

**II. Additions to the Agenda** - There were no additions to the agenda.

### **III. Liaison Reports**

- Board of Selectmen (BOS) – D. Lober - Nothing to report at this time.
- Board of Finance (BOF) – D. Rowland - The BOF will be working on the operating budgets through the end of January/early February.

### **IV. Minutes of the December 6, 2021 Meeting and December 20, 2021 Special Meeting.**

J. Ciarleglio made a motion to accept the minutes of the December 6th meeting. C. Austin seconded. All approved by roll call vote. (L.F. Miller absent for this vote.)

V. Livesay made a motion to accept the minutes of the December 20th special meeting. J. Ciarleglio seconded. All approved by roll call vote. (B.P. Madden abstained)

### **V. Operating Budget**

S. Davidson reviewed the most recent changes to the operating budget, which includes a savings of \$11,392 in FY23 over the FY22 budget. Commission members had been previously informed of changes by J. Glicksman in an email to all members on December 22, 2021.

B.P. Madden made a motion to approve the changes. A. Holzman seconded. All approved by roll call vote.

### **VI. The Woodbridge Center Report**

K. Moriarty presented the December 2021 Woodbridge Center report, which is on file in the Human Services office.

1. Pandemic Update: Woodbridge remained in the Red Zone for the COVID-19 positivity rate throughout the month of December. Thus, card playing and Mahjong are still on hold. Programs that allow attendees to maintain a safe social distance continued with masks required. With positivity rate holding over 15% last week, all in-person programming has been suspended at The Center through January 17, 2022. The Center is having a mini drive-thru this Wed., January 5 to distribute about 50 Covid home test kits and is also delivering 54 test kits through The Center's transportation program. All individuals were identified by the Human Services Department as being more vulnerable.
2. Programming:
  - a. *Snowmen Craft Workshop*: On December 7, 2021, Michelle Riley from Hamden Rehabilitation and Healthcare Center offered a snowman craft workshop.
  - b. *Holiday Drive-Thru Lunch*: The Rotary Club of Woodbridge generously sponsored 115 meals from Lasse's on December 16, 2021. Five members of the Rotary volunteered their services at the drive-thru.
  - c. *Tech Tuesdays (and Thursdays)*: An Amity student volunteer is helping clients with smart phones, tablets, laptops, and desktop technical issues.
  - d. *Painting for Pleasure*: A new 6-week session will begin on January 24, 2022.
  - e. *How to Strengthen Your Shoulders and Avoid a Rotator Cuff Injury*: On January 14, 2022 (via Zoom and WGATV channel 79), Kyle Branday, MSPT of Amity Physical Therapy, will discuss movement mechanics of the shoulder, common injuries, and what can be done to prevent shoulder dysfunction, pain, and avoid rotator cuff repair.
  - f. *Evidence-Based Lifestyle Change Program (Diabetes Prevention)*: On January 18, 2021, the Center will be hosting an information session to discuss healthy eating, physical activity, weight loss, stress management, diabetes prevention and more. The program includes 22 coach-led weekly sessions.
  - g. *T'ai Ji Quan: Moving for Better Balance*: Unfortunately, due to a very limited number of monetary awards being distributed, Woodbridge did not receive adequate funding to pay for the instructor two days per week for 24-weeks. As a result, this program will not be offered at this time.
  - h. *Heart Health Awareness Month*: Coachman Square of Woodbridge has generously offered to offset the cost of our 2 day/week aerobics class for the month of February. Therefore, the aerobics class will be offered at no charge for the month of February.
  - i. *Meal/Soup fee increase*: All residents who currently utilize the meal delivery program have been notified of the price increase, which took effect on January 1, 2022. There has been no negative feedback or resistance to this increase.
  - j. *Transportation*: Car 57 (2007 Crown Victoria with 170K+ miles) returned to service on December 28, 2021, after being out since November 19 for extensive repairs. The repairs totaled \$600.00 for parts. Labor was provided by the Town garage. Unfortunately, the car may need additional repairs because the "check engine" light went on yesterday. Capital budget FY23 has a request for \$35,000 toward a new car/sedan to replace this vehicle.
3. Website: The Center's website is in the process of being updated. Eventually, The Center's software program, Schedules Plus, will be made available online for program registration.
4. Staffing Update - The transportation driver position interview process is continuing.

A. Holzman made a motion to accept the December 2021 Woodbridge Center report. C. Austin seconded. All approved by roll call vote.

## **VII. Youth Services Report**

N. Pfund presented the December 2021 Youth Services report, which is on file in the Human Services office.

### Programming:

- a. *Toys 4 Kids* - Forty toys were donated by residents for T.E.A.M., Inc. for the Toys 4 Kids program for the benefit of Woodbridge families and those in local communities.
- b. *Shop with a Cop* - Two \$100 Target gift cards were given to Woodbridge families
- c. *Santa Visits* - Thank you to the Woodbridge Volunteer Fire Department and D. Rowland for distributing toys.
- d. *Paint Party* - Four students enjoyed the after-school paint party at the Amity Middle School. Instructor Samantha Woodruff patiently encouraged the teens to create beautiful winter scenes. Snacks and hot beverages were provided.
- e. *We Care Kits* - Amity students and some residents created approximately 165 "We Care" kits which were delivered to the New Reach Shelter for homeless women and children. Two large bags of toys were donated by friends of Arti Dixson from Orange and one large bag of toys was donated by a Woodbridge resident for the children at the shelter.
- f. *Facebook Account* - The Youth Services Facebook link is in the Youth Services report and site can also be found on Facebook by searching "Woodbridge Youth Services Woodbridge CT"
- g. *Internet Safety* - The Internet Safety program for the Amity Middle School - Bethany is planned for January 31, 2022. Grades 7 and 8 will each have a separate presentation by Internet Safety Concepts, LLC.

Youth Services is trying to plan a program for high school students to teach calligraphy to younger students.

V. Livesay made a motion to accept the December 2021 Youth Services report. B.P. Madden seconded. All approved by roll call vote.

## **VIII. Human Services Report**

The December 2021 Human Services report is on file in the Human Services office.

K. Moriarty reported that over 400 at-home COVID-19 test kits were distributed to Woodbridge residents at a drive-thru on January 3, 2022.

S. Davidson highlighted some items in the Human Services written monthly report prepared by J. Glicksman, Human Services Director:

- a. *COVID-19 Booster vaccine clinics*: Information is in the report.
- b. *Renovation Update*: The department is now awaiting a timetable to be set by David Stein of Silver/Petrucelli Architects for bid documents, bid process and construction timeline.
- c. *Operating Budget*: The FY23 operating budget was discussed previously.

- d. *Holiday Basket Program*: Thank you for the community support.
- e. *VITA program*: This annual tax assistance program will be back in person this year and there are other ways for clients to complete taxes.

J. Ciarleglio made a motion to accept the December 2021 Human Services report. V. Livesay seconded. All approved by roll call vote.

**IX. Old Business/New Business**

- **Next Regular Meeting** – Monday, February 7, 2022

J. Ciarleglio made a motion to adjourn the meeting at 7:36 p.m. B.P. Madden seconded. All approved by roll call vote.

S. Davidson stressed the importance of attending the FY23 Human Services Operating Budget presentation scheduled for Tuesday, February 1, 2022 on Webex. The assigned time and sign-in link to attend the combined BOS/BOF meeting will be sent to Human Services commission members.

Submitted by:

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Human Services Commission

**Accepted and approved this 7th Day of February, 2022.**