

Directions and Parking:

Parking is available in an open field adjacent to Darling House. Trail begins across the street on gravel driveway to barns. No parking is allowed across the street.

Permitted Activities:

These areas are conservation areas and meant for passive activities and must be respected. Dogs must be leashed. Please bag and remove any dog waste.

For more information about this location, contact:

Town of Woodbridge
(203) 389-3400
www.woodbridgect.org

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Mapping for this brochure has been produced by John Triana of the Regional Water Authority and Mike Walter, Woodbridge Trail Master.

South Central Regional Council of Governments

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BISHOP WEST TRAILS*Woodbridge, CT*

From the Darling House Parking lot, located at 1907 Litchfield Turnpike (Rte 69), cross the Turnpike, the trail passes through the old barnyard, past the historic barn through the gate and cross over the stream.

Here you will pass Camp Whiting, the Woodbridge Boy Scout Camp where, for many years, Boy Scouts and Girl Scouts from across the State have learned their skills and enjoyed the land and environment.

Camp Whiting is a private facility and hikers must pass thru the Camp and are not permitted to enter cabins or disturb any Scouting activities that may be occurring.

Continuing on, the hiker will join the Blue Arrow Trail and head north passing through lovely hardwood stands. After crossing a small stream the trail takes a sharp jog to the west before climbing steeply through

mountain laurel to the top of the ridge overlooking the West River Valley which provides a beautiful New England scenic vistas. Close by is a historic cement kiln and hand dug quarry holes dating to 1847. Cement was produced from the blue-stone in the ridge. These are an example of the early industry in Woodbridge.

Below this ridge is the Shepherd Family Farm which has been farming for over 100 years. Recently, the farm was divided. The House and land surrounding the barn still comprise a working farm. The Shepherd Farm Ridge has been protected as open space through the cooperation of several private and public groups.

Continuing on, the trail comes to an old spring road, proceed straight across the road and up to the top of the ridge again. Head west under the power lines and meet Dillon Road.

Cross this historic road and enter into the Regional Water Authority Property. You

will need a pass from the RWA to continue into the RWA land. An alternative is to walk west on Dillon Road to Sperry

Road and follow the road to Sperry Park. This 4 acres of delightful woods and glen contain paths along the Sargent River to the scenic cascading Sperry Falls. It was here that the Sperry Family maintained a gristmill and saw mill. The Park was donated to the Town by the heirs of Enoch Sperry. It is maintained as a conservation area.

