

Entry Form

Please complete the form below and mail with a check (see fees below) payable to:

Woodbridge Recreation Department
11 Meetinghouse Lane
Woodbridge, CT 06525

Fees - 5K Road Race
Before Sept 17th.....\$20.00
After Sept 17th.....\$25.00
Children's Fun Run\$15.00

Name _____

Street _____

City/Town _____ State _____

Phone (h) _____ (w) _____

Date of Birth _____ Sex _____

SHIRT SIZE

Small Medium Large X.Large XX.Large

FUN RUN: 12 & under

5K ROAD RACE: 12 & under (5K) 13-19

20-29 30-39 40-49 50-59

60-69 70-79 80 & older

WALKER: All Ages

I cannot participate, but would like to support the Woodbridge Food and Fuel Fund. Please find my tax-deductible contribution enclosed. \$_____

Release must be signed to participate:

I know that running a race is a potentially hazardous activity and will not enter and run unless I am medically able and properly trained. I represent that I am physically fit and have sufficiently trained for participation and completion of this event. I assume all risks with participation of this event, including but not limited to falls, contact with other participants, effect of weather, traffic and condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself or on behalf of my minor child, release the Woodbridge Recreation Department, the town of Woodbridge, the sponsors, race officials and volunteers from all claims of liabilities of any kind arising out of my participation in this event. I grant permission to all of the aforementioned to use any photographs, recordings or any other record of this event for any legitimate purposes. I know that dogs, bicycles, in-line skates and baby strollers are not allowed on this course.

Signature _____

(Parent/Guardian signature if participant is under 18)

Woodbridge Road Race 2016

A portion of the proceeds to benefit the
**Woodbridge Food and Fuel Fund &
Woodbridge Recreation Programs**

October 1, 2016

How to Register

Fill out the Entry Form and mail it with your check (see below for fees) payable to:

Woodbridge Recreation Department
11 Meetinghouse Lane
Woodbridge, CT 06525
(203) 389-3446

You may also register at:

The Woodbridge Running Company
7 Landin Street
Woodbridge, CT 06525
(203) 387-8704

(You may also register in person on race day)

Registration

Registration for the 2016 5k Road Race will begin at 8:00 AM, Saturday, Oct. 1, 2016 (rain or shine) at the **Woodbridge Town Center**.

Fees

5K Road Race

5K Road Race before Sept 17th.....\$20.00

5K Road Race After Sept 17th.....\$25.00

Woodbridge Town Center

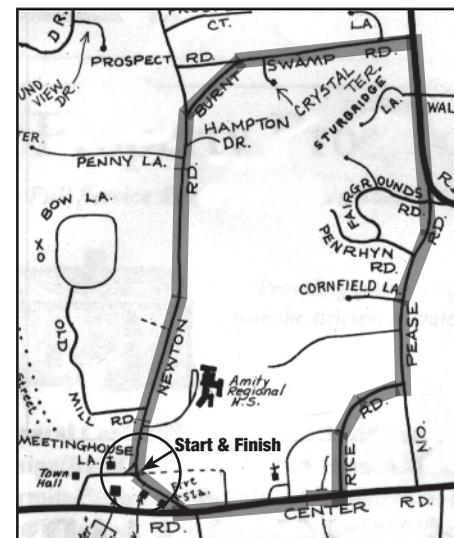
Children's Fun Run

(on supervised off-road track at the Fitzgerald Cornfield) Non-competitive fun run for those 12 years of age and under.

Fee.....\$15.00

Registration for the Fun Run will be at the Fitzgerald Cornfield

Entry fees are non-refundable.



Course, Flat & Fast!

The certified 5K (3.125 miles) course starts and finishes at the Woodbridge Town Center. The course winds through quiet, mostly flat, residential neighborhoods in Woodbridge.

Schedule

Sept. 17, 2016 Last day to receive pre-entries

October 1, 2016.....Day of Road Race

8:00am - 10:00am Registration

9 AMChildren's Fun Run begins

10:30 AM.....5K Road Race begins

For More Information call:

(203) 389-3446

or

(203) 387-8704

Directions

From the Merritt/Wilbur Cross Parkway: Take exit 59. Take a left off exit. At 2nd light (4th if coming from Fairfield County) take a left onto Lucy Street (Golden Touch Cleaners on corner). At the next light, take a right onto Route 63 Amity Road. Continue on Amity Road up the hill. At your 2nd light, take a left onto Route 114, Center Road (Blue Check Deli on corner). Follow Rt. 114 for about a 1 mile. You will see the old firehouse on your right. Turn right in front of the old firehouse and follow signs for parking and race registration.



Our 2015 5k runner, Parker Paragas crossing the finish line..

October 1, 2016

Place: Woodbridge Town Center
Meetinghouse Lane
Woodbridge, CT 06525

Event Features

- 5K Road Race on certified course
- Children's Fun Run
- Prizes to top Road Race finishers in each age category
- Post-race food and refreshments
- T-shirts with original artwork for all pre-registered participants; T-shirts on race day as available
- Two water stations
- Race results posted on the web
- Emergency Services: *There will be medical personnel at the event and an ambulance near the finish line.*
- Pick up "goody bag" packet at registration

Thanks to our special friends for their support:



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The Willows

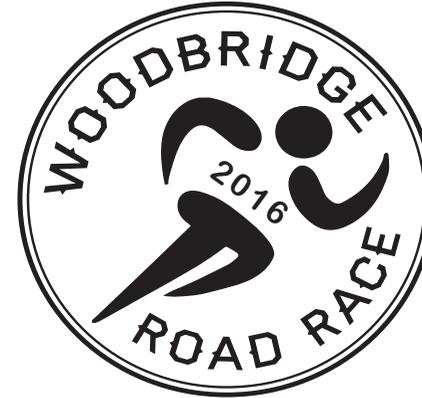
Town of Woodbridge

Woodbridge Aquatic Club

Woodbridge Running Company

Woodbridge Volunteer Fire Assn.

Woodbridge Police Department



A portion of the proceeds to benefit the **Woodbridge Food and Fuel Fund & Woodbridge Recreation Programs**

Dear Participant;

We are thrilled to present the 35th Annual Road Race! Woodbridge has always been regarded as an affluent town, and to some it is difficult to believe there are fellow residents in "need." Now, *more than ever*, the Woodbridge Human Services Department has experienced an increase in the number of individuals and families receiving assistance from the Town's Emergency Food and Fuel Fund. This program provides residents who qualify with heating assistance towards gas, electricity, oil and wood, as well as emergency food and holiday baskets.

Helping our neighbors is always gratifying. Above all, our most important goal is for participants to **have fun and take home some renewed community spirit!**

— Woodbridge Road Race Committee



The children at the 2015 Fun Run starting the race.



Saturday, October 1, 2016

Fun Run - 9:00

5K Road Race - 10:30

Thank you to our lead sponsors:



2015 Overall winner Bradley Taylor crossing the finish line