

Heading north along the Blue Trail reveals an abundance of mountain laurel, leading to the top of a ridge overlooking the West River Valley--providing beautiful New England scenic vistas. Close by is a historic cement kiln and hand dug quarry holes dating to 1847. Cement was produced from the blue-stone in the ridge. These are an example of the early industry in Woodbridge.

Below this ridge is the Shepherd Family Farm which has been farming for over 100 years. Recently, the farm was divided. The House and land surrounding the barn still comprise a working farm. The Shepherd Farm Ridge has been protected as open space through the cooperation of several private and public groups. Continuing on, the trail comes to an old spring road, proceed straight across the road and up to the top of the ridge again. Head west under the power lines and meet Dillon Road.

Cross this historic road and enter into the Regional Water Authority Property. You will need a pass from the RWA to continue into the RWA land. An alternative is to walk west on Dillon Road to Sperry Road and follow the road to Sperry Park. This 4 acres of delightful woods and glen contain paths along the Sargent River to the scenic cascading Sperry Falls. It was here that the Sperry Family maintained a gristmill and saw mill. The Park was donated to the Town by the heirs of Enoch Sperry. It is maintained as a conservation area.

Directions and Parking:

Parking is available in an open field adjacent to Darling House. Trail begins across the street on gravel driveway to barns. No parking is allowed across the street.

Permitted/Prohibited Activities:

These areas are conservation areas and meant for passive activities and must be respected. Dogs must be leashed. Please bag and remove any dog waste.



Hiking



Pets on
Leash



Bicycling

For more information about this location, contact:

Woodbridge Land Trust, Inc.
woodbridgelandtrust@gmail.com
www.woodbridgelandtrust.org

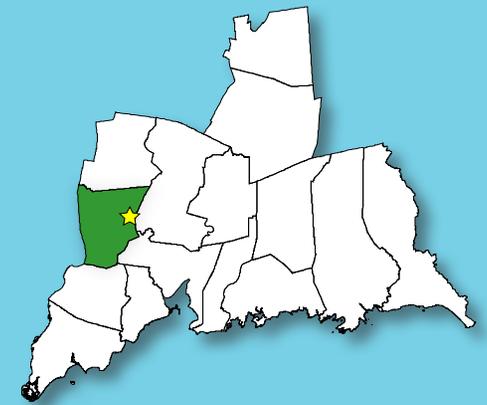
Questions regarding this brochure can be addressed to
South Central Regional Council of Governments
Phone: (203) 234-7555/Fax: (203) 234-9850
E-mail: trails@scrcog.org

Scan QR Code to access the South Central Regional Council of
Governments Recreational Trails Webpage



Recreational Trails South Central Connecticut

Bishop West Trails



Woodbridge, CT



Bishop West Trails



Photo by the Woodbridge Land Trust

Trail Description:

Easy Hike

The Bishop West Trail has a slow rise in elevation. The trail twists and turns through hemlocks and mountain laurel. Mostly a high and dry hike.

Total trails length is approx. 1.67 miles

Legend

- | | | | |
|-------------------------------------------------------------------------------------|--------------------------------------|-------------------------------------------------------------------------------------|-------------|
|  | Parking |  | Power Lines |
|  | Trailhead/Sign |  | Bridge |
|  | Blue (Naugatuck Trail) | | |
|  | Blue with Yellow Dot | | |
|  | Stone Wall | | |
|  | Wetlands | | |
|  | Connecticut Light and Power Property | | |
|  | Land Trust Property | | |
|  | Town Property | | |
|  | State Property | | |

